

# *Maiden High School Cheerleading*

## ***Items needed to tryout out -***

- \*Current physical on the NCHSAA form
- \*Copy of Insurance card
- \*Concussion form
- \*Insurance form
- \*Cheerleader Application
- \*Teacher Recommendations (3 per athlete)
- \*Vacation Dates- Clearly written with cheerleader name on it, so we can plan any summer practices. \*\*\*Reminder No August Vacations as we will practice daily and games start August 15th\*\*\*

## ***What to wear-***

- \*Cheerleading or tennis shoes
- \*Comfortable clothes that allow you to stretch, stunt, jump, tumble (NO JEANS)
- \*Hair up in a high ponytail
- \*NO Jewelry of any kind

## ***What to Bring-***

- \*All forms and paperwork
- \*Positive and productive attitude
- \*Water, Snack

# *Maiden High School Cheerleading*

## **Cheerleader Application and Agreement Form**

Participant Name: \_\_\_\_\_

Grade for 2019-2020: \_\_\_\_\_/Birthday: \_\_\_\_\_

I am trying out for (circle what applies to you/your child)

Football & Basketball Cheer Only

FB/B-Ball and Competition Team

Parent Name: \_\_\_\_\_ Cell: \_\_\_\_\_

Parent email: \_\_\_\_\_ Participant email: \_\_\_\_\_

My Child has my permission to tryout and become a Maiden High School Cheerleader. My Child and I have read and understand all rules that govern this Cheerleading program and understand all consequences should they be violated. We agree to all rules that govern the MHS Cheerleading program. I understand all cost involved and that I am obligated to pay for my child's cheerleading expenses. I understand that no money will be returned to me for any reason. I understand that by the very nature of the activity, cheerleading and gymnastics carry a risk of physical injury. No matter how careful the participant and coach are, how many spotters are used, or what landing surface is used, the risk cannot be eliminated. The risk of injury includes minor injuries such as muscle pulls, dislocation, and broken bones. The risk also includes catastrophic injuries. I understand these risks and will not hold the coach, Maiden High School, or any of its personnel responsible in the case of accident or injury at any time.

Parent Signature: \_\_\_\_\_

Participant Signature: \_\_\_\_\_

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## Important Dates & Information:

Tryout Dates: May 16- May 17th-- 5:30-8:30----- May 20-May 23---- 4:30-7:30

Emerge Ortho is offering Sports physicals @ MHS on 5/20-- \$15 cash only- 6:00pm.

\*I am asking to see if cheer can come at 7:30 for those that may want to utilize that option.\*

Fitting Date: May 31st --All items to be paid for in full by May 31st

May 28-29- Competition Tryouts 4:00-6:30--- May 30- 6:00-8:00

Program Dressy Picture Day: June 3rd - Wear royal blue, black, white, grey

Used/ Away Uniform Fitting/alterations: May 30th (if needed) if not we will practice!

Practice Dates: We will start back on July 29th- First GAMES week of August 12th.

Program Pictures: August 5th 8:30am -- In Uniform on Football Field

Booster Cookout/Parent Meeting (Normally August 5th-TBD @ 6:00pm)

### Fitting Purchases:

Devils Uniform- \$100.00

Pom-poms -\$35 approx

Briefs -\$29

Warm up Jacket- \$108.00

Black Liner -\$42

Warm up Pants- \$72

Game Bows(2) -\$30-\$50 approx

Shoes(VS4)- \$116.75

Pink Bow and Pink Tee \$30 approx -(we do this in the fall) pricing depends on bow details.

### Practice/Camp Wear

Team Tee Shirt- \$20 approx

Team Tank/tee w/ shorts \$\$

Game Day Camp JV/V- Tentative (Tennessee) July 29-31 \$295.00 approx

Competition Choreography Camp \$300 approx.

# Maiden High School Cheerleading

## Teacher Recommendation Form

Candidate Name:

Dear Teacher,

The student listed above is interested in becoming a cheerleader at MHS. Please complete the form by rating this student from 0 to 4.

0 - Poor

1- Fair

2- Average

3- Above Average

4- Superior

Teacher Rating	
	Attendance?
	Effort?
	Enthusiasm?
	Respect towards adults/authority?
	Class Conduct?
	Ability to get along with other students?
	Dependable?
	Grades?

Please choose yes or no to the following questions.

Have there ever been any concerns about honesty with this candidate?	Yes	No
Have you assigned this candidate silent lunch/detention/etc.?	Yes	No
Has this student been assigned ISS or OSS at any point in the past school year?	Yes	No

Any other comments you would like to share?

Teacher Signature:

Date:

