

## **PLAYING BY THE RULES...**

1. Dress appropriately
2. Enter and exit gym quietly
3. Freeze, look, & listen
4. Demonstrate RESPECT
5. Absolutely NO food, drink, candy, or GUM

## **REWARDS!!**

1. High five's (stickers)
2. Leadership opportunities
3. Sportsmanship award
4. Help with P.E. equipment
5. EXTRA P.E.

## **CONSEQUENCES**

- 1<sup>st</sup> offense-** Two minute penalty
- 2<sup>nd</sup> offense-** Five minute penalty
- 3<sup>rd</sup> offense-** Sit out for remainder of class/note home to parents



Visit the...

### **Physical Education Webpage!**

- Pictures
- Recent News
- Club Information
- Grading Details
- Games
- ...and More!

[www.catawbасchools.net](http://www.catawbасchools.net)

Click on:

- ⇒ "Schools"
- ⇒ "Oxford"
- ⇒ "Departments & grade levels"
- ⇒ "Physical Education"

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# **Physical Education Program**



Oxford Elementary  
School

Mr. Weaver  
Ms. Bumgarner  
2010-2011

Welcome to a new school year at  
**Oxford Elementary  
School**



I hope you and your families enjoyed the summer and were able to participate in different activities.

I am excited to return to Oxford for my fourth year as a teacher in Catawba County! I am the primary physical education teacher at Oxford. My assistant, Ms. Bumgarner, is returning for her second year in P.E.!

We are looking forward to providing your child with an exciting and rewarding physical education program. The P. E. classes will prove to be an integral phase in their physical and social development. We take pride in our program and are committed to giving the students the best instruction possible.

The aim of the physical education program at Oxford Elementary School is **to develop and improve students' personal fitness and motor skills by**



**providing developmentally appropriate activities through purposeful, creative and enjoyable instruction.** By incorporating challenging yet achievable tasks, the students will attain positive attitudes about physical activity and movement.

To insure the safety of our students during physical education classes, we are asking that they wear appropriate attire: **TENNIS SHOES, SHORTS/PANTS (worn on waist), SHIRT, & NO DRESSES.** *Failure to dress appropriately will result in sitting out of entire class and a note home to parents. After 3 incidences students will receive an office referral.*



Every child is expected to participate to the best of their ability each day they attend class. There are days however, when illness or injury may inhibit your child's ability to participate. If so, please send a note with your child, with a brief description regarding the nature of the restriction. If the condition restricts activity for more than **3** consecutive days, a doctor's note will be required.

## **P.E. Schedule**

Your child will have physical education **every other day.**

We invite you to volunteer or just come and join the fun in your child's P.E. class.

The times below are when grade levels have physical education. Check with your child's homeroom teacher on the specific days your child has P.E.

8:00 -8:40 – 6<sup>th</sup> grade  
8:45 -9:25 – 5<sup>th</sup> grade  
9:30 -10:10 – 4<sup>th</sup> grade  
10:15 -10:35 – PreK  
10:40 -11:20 – Kindergarten  
11:45 -12:25 – 2<sup>nd</sup> grade  
12:30 -1:10 – 1<sup>st</sup> grade  
1:15 -1:55 – 3<sup>rd</sup> grade

## **SPECIAL EVENTS**

\*Look for more information throughout the school year on these events!

*Skate Night!*

*Swim Night!*

*Kids Marathon!*

*Turkey Trot!*

*Jump Rope for Heart!*

*T. V. free week!*

*Field days!*