



# Fred T. Foard High School

## Welcome Students!

We hope you had a wonderful summer break and are ready for a great new school year. The building has had a few updates and we are very happy to share them with you. The new cafeteria will allow us to cut the number of lunch periods to four instead of five allowing you to get 30 minutes for lunch. The drama and chorus rooms will soon move into the old cafeteria giving both of these programs space they desperately needed. Thanks to a physical fitness grant, we will be renovating the old chorus room into a workout room with brand new treadmills, elliptical machines and other cardio equipment. This area should be ready by late fall and our physical education classes will be taking advantage of these new exercise tools.

## County Changes Exam Exemption Policy

After several meetings last spring with concerned parents, teachers and students, the Board of Education changed the exam exemption policy for all non-EOC and VoCats exams.

### The policy is as follows:

Grade	Absences
A	3
B	2
C	1
D or F	No exemption

### Students cannot be exempt from NC EOC and Vocats Exams.

Students will lose exam exemption for the semester if they are placed in ISS, OSS or Saturday Detention. Another change dealing with exam exemption is that two unexcused tardies to a class will equal one absence toward your exam exemption. Please refer to your student handbook for more information.

## September

### Calendar of Events

September 8	Upperclassmen Open House 6:30 in cafeteria
September 15	Last Day to turn in money for Coupon Book Fundraiser
September 18	Progress Reports
September 25	Homecoming
September 29	Senior Makeup Pictures and Underclassmen Pictures



## Tips for Making This the Best School Year Ever

Whether your child is eight or eighteen, they need you to be a part of their daily life. By making a few simple changes to your family routine, you may see a huge difference in your child's attitude toward school and towards the family.

1. Learn your child's schedule. Ask them about the courses they are taking and what they like or don't like about the class. Contact the teachers and let them know you are very interested in hearing from them throughout the course of the semester.
2. Attend school functions. Whether you are sitting in the bleachers at a sporting event or attending a concert by the choral group, this shows your child that you support what the school is doing and value the efforts of others.
3. Meet with your child's counselor to learn about special programs that your child may be interested in participating.
4. Encourage participation in extra curricular clubs and sports. This is a great way for students to develop relationships with their peers and also promotes teamwork.
5. Spend time with your child each day. It may just be sharing a conversation at the dinner table or watching the same show on TV. Every minute of togetherness strengthens your communication.



### School Tardy Policy

Students who are tardy to school are to report directly to the office to check in. Students need a note stating the reason for the tardy. Please include first and last name, reason/date, phone number to contact a parent or guardian, and 1st period teacher name. If there is no note or the note does not meet acceptable reasons the tardy will be coded unexcused.

1st Offense	Verbal Warning
2nd Offense	Verbal Warning
3rd Offense	Verbal Warning and Letter to Parents
4th Offense	Verbal Warning
5th Offense	Lunch Detention-Failure to complete lunch detention will result in ISS
6th Offense	Verbal Warning and Loss of Driving Privileges
7th Offense	Lunch Detention-Failure to complete lunch detention will result in ISS
8th Offense	Verbal Warning
9th Offense and all after	Lunch Detention-Failure to complete lunch detention will result in ISS

### Visit Us on the Web!

Please visit the Catawba County Schools website and Fred T. Foard's website to find out the most recent news about events happening in our community and at our school. The Foard site is updated every day that students are in school. The web address is <http://www.catawbасchools.net/schools/Foard/>

## Welcome New Staff Members

### ◆ Lettie Wilkes-Assistant Principal

Ms. Wilkes spent three years at FTF in the past as she taught Health, Physical Education, and Weight Training. Ms. Wilkes is very excited about returning to Foard as she is looking forward to working with the administration, faculty, staff, students, parents, and community. "I enjoyed the school as well as the students and community when I worked here previous and know that I will enjoy this new experience. I thank Mrs. Bradshaw for giving me this opportunity and I am ready for a great upcoming school year."

### ◆ Robert Meuser-EC Teacher and Soccer Coach

Mr. Meuser graduated from University of Florida,(Go Gators) and his daughter is a recent graduate from LRC(09). He is an animal lover (dogs/horses)and enjoy coaching sports, quiet time and funny/ action movies. History is his favorite subject, especially the Civil War period. He is excited to be living and teaching in our community. Having recently moved here from Florida, the teachers, students (athletes) and parents have already made him feel very welcomed and he is excited to start in the classroom. "Now I know why so many have spoken so highly of this school."

### ◆ Shannon Lynn-EC Teacher and Softball Coach

Ms.Lynn is a new EC OCS teacher at FTF. She graduated from Appalachian State University in May and is very excited about coming back to a school she graduated from in 2004. "It will be a little strange working along side teachers who taught me and are now my peers, but obviously it was a good experience since I chose to become a teacher. I know this year will be great and I cannot wait to get started."

### ◆ Alison Yount-Spanish Teacher and Track Coach

Ms. Yount is taking the position that became available when Mr. Nate Richardson decided to become a professor at a local community college. Ms. Yount is also a Foard graduate and is excited to be back in familiar setting.

### ◆ Lisa McRorie-EC TA

Ms. McRorie has been a Teacher Assistant/bus driver for 20 years, all of those years spent at one school, Sweetwater Elementary. Since Sweetwater closed this year she had a decision to make as to where she would prefer to be placed, although she was not guaranteed her first choice, it was Fred T Foard. She is also an alumni of Fred T Foard. Her oldest child graduated Foard and she has a child currently here. "The biggest reason for wanting to be placed at Foard was undoubtedly the staff and their regard for excellent education, that is just something I want to be a part of. I know it will be a big change going from elementary students to high school students, but I look forward to the challenge and I couldn't be more thrilled to be at Fred T Foard!"

### ◆ Eric Hight-Assistant Principal

For 17 years Mr. Hight taught social studies in the Pitt County and Charlotte-Mecklenburg Systems. For 15 of those years he was a high school tennis coach. Mr. Hight moved into administration and was selected as a Principals Fellow for the years 2002-2004. His administrative career for the last five years has been in Catawba County with three years at Bandys(2004-2007) and then two at Catawba Rosenwald(2007-2009).

## School Fundraiser


Our school needs your help more than ever to help generate funds to support programs and events for our students. We will be selling the **Attractions**™ coupon book from August 25th through September 15th. Each of these books cost \$20. and have hundreds of valuable coupons for local businesses. A family can easily save \$200. just by using these coupons at the businesses they normally shop. Students can earn a free cookout pass during homecoming week, a free prom ticket or a free book just by selling a few of these books to family and friends. Your student will get more information in their first period class or you can read more for yourself by visiting the Foard website. **Thank you for supporting our school!**



## Support Fred T. Foard Every Time You Shop!

**Alert! Harris-Teeter requires re-linking your card each year!**

### Target Take Charge of Education

 <b>Charge Of Education</b>	<ol style="list-style-type: none"><li>1. Obtain a Target Red Card at <a href="http://www.target.com">www.target.com</a>, your local Target store, or 1-888-543-8733.</li><li>2. Designate Fred T. Foard online at <a href="http://www.target.com/tcoe">www.target.com/tcoe</a>, at a kiosk in any Target store, <b>OR</b> call 1-800-316-6142. School ID: <b>79664</b>.</li><li>3. Use your Target Red Card when you shop at Target or online at <a href="http://www.target.com">www.target.com</a>.</li></ol>
	Target donates 1% to Foard each time you use your Target Red Card at their stores or online at <a href="http://www.target.com">www.target.com</a> .

### Office Depot 5% Back to Schools

	<ol style="list-style-type: none"><li>1. Shop at Office Depot any of 3 ways—at any store location, by telephone at 1-800-GO-DEPOT, or online at <a href="http://www.officedepot.com">www.officedepot.com</a>.</li><li>2. Use the Fred T. Foard High School Program ID No. <b>70062033</b> when you shop Office Depot in any of these 3 ways.</li><li>3. That's it! This one was as easy as 1, 2...!</li></ol>
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### Food Lion Shop & Share



1. Obtain a Food Lion MVP card at any Food Lion location or online at [www.foodlion.com](http://www.foodlion.com).
2. To link your MVP card to Fred T. Foard High School in **NEWTON**, go to [www.foodlion.com](http://www.foodlion.com). (Click on the "Lion Shop & Share" link under "My Food Lion") **OR** call 1-800-210-9569. **Important:** Your card number starts with that tiny little "4" and has 12 digits in all.
3. Remember to use your MVP card when you shop Food Lion.

### Harris-Teeter Together in Education



1. Obtain a Harris-Teeter VIC card at any Harris-Teeter location or online at [www.harristeeter.com](http://www.harristeeter.com).
2. To link or **RE-LINK** your VIC card to Fred T. Foard High School, go to [www.harristeeter.com](http://www.harristeeter.com). Choose the "Together in Education" Link. Foard's code is **2789**. **OR** you may link your card at your local store by telling the cashier Foard's code is **2789**.
3. Remember to use your VIC card when you shop Harris-Teeter.

### Carolina West Wireless



Carolina West Wireless as recently introduced a Communications 4 Education Program. Foard will receive 3% of monthly service on qualified service plans. Please contact Carolina West Wireless at 1-800-CEL-5007.