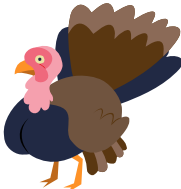


November 2009

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	<p align="center">School News</p> <p>BREAKFAST AVAILABLE IN ALL ELEMENTARY SCHOOLS. Offered daily: 1/2 pint milk, 1% white, skim, 1% chocolate flavored and 100% juice. *Lower Percentage of fat of the two entrees. Menu subject to change due to weather, calendar changes, administrative directive, equipment malfunction and/or product availability. Catawba County Schools is an equal opportunity employer. in accordance with federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability. To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, 1400 Independence Avenue, SW, Washington, D.C.</p>
<p>2 Teriyaki Chicken Sandwich Or Corndog* Green Peas Steamed Carrots Applesauce</p>	<p>3 Grilled Cheese Sandwich Or Bologna Sandwich* Broccoli Soup Carrot Sticks w/Dip Fruited Gelatin</p>	<p>4 Chicken, Rice & Gravy w/Roll* or Fish Shapes Green Beans Coleslaw Peaches</p>	<p>5 Lasagna w/Roll Or Chicken Rings* Golden Corn Tossed Salad Pears</p>	<p>6 Beef & Cheese Nachos Or Chicken Fajita Wrap* Au-Gratin Potato Lettuce/Tomato Baked Apples</p>	
<p>9 Spicy Chicken Sandwich* Or Cheese Sticks Corn on Cob Broccoli & Cheese Pineapple</p>	<p>10 Chicken Tenders* Or Macaroni & Cheese w/Roll Roasted Potatoes Green Beans Applesauce</p>	<p>11 * VETERANS DAY No School</p>	<p>12 Bowl of Chili w/Scoops* Or Sausage Pizza Golden Corn Tossed Salad Mixed Fruit</p>	<p>13 Cheeseburger* Or Popcorn Chicken Baked Beans French Fries Peaches</p>	
<p>16 Grilled Chicken Sandwich Or Ravioli w/Roll* California Blend w/Cheese Black-eyed Peas Fresh Fruit</p>	<p>17 Oven Baked Chicken w/Roll Or Corndog Nuggets* Green Peas Mashed Potatoes Peaches</p>	<p>18 Manwich* Or Chicken Rings Coleslaw Tater Tots Applesauce</p>	<p>19 Turkey Pie w/Roll Or Bologna & Cheese Sandwich* Sweet Potatoes Green Beans Pineapple</p>	<p>20 Taco Or Pepperoni Pizza* Lettuce/Tomato Golden Corn Pears</p>	
<p>23 Chicken Fillet Sandwich* Or Cheese Sticks Au-gratin Potato Green Beans Peaches</p>	<p>24 Hotdog w/Chili Or BBQ Pork Sandwich* Tater Tots Coleslaw Fruit Pies</p>	<p>25 * THANKSGIVING</p>	<p>26 </p>	<p>27 * THANKSGIVING</p>	
<p>30 Cheeseburger* Or Pizzas Golden Corn French Fries Pears</p>					